SEEING MAKES THE DIFFERENCE. THE DIFFERENCE IS UVEA.
“Through vision we get to know the world around us, and determine the way our life will take. This brochure has been created by my colleagues at UVEA Mediklinik in order to help you better understand the important information that you can come across during the visit, examination or eye surgery at the most state-of-the-art clinic in Slovakia. If you have some spare time, please accept my invitation to read it.”

MUDr. Michal Králik
Executive Officer of the ophthalmologic clinic
UVEA Mediklinik
Eye surgery is a procedure that requires trust in the operator’s abilities. Our experienced medical team will take care of your eyes as if they were their own.
UVEA Mediklinik is a top site at the European level. Our medical team led by Doctor Žiak provides you with a guarantee of professionalism and the best possible care.

**MUDr. Peter Žiak, PhD.**
Founder and Medical Director of ophthalmology clinic UVEA Mediklinik, Peter Žiak, is the head of the ophthalmologic clinic at the University Hospital in Martin, where he has been working since graduating in 1989. Doctor Žiak is one of the experts who have contributed significantly to safe and efficient eye surgery in Slovakia. He specializes in laser and intraocular surgeries as well as laser cataract surgeries that make use of artificial intracocular lenses.

**MUDr. Iveta Katuščáková**
Doctor Iveta Katuščáková is an expert in excimer laser-assisted procedures, infant ophthalmology, and cross-eye surgeries. In addition to a high level of professionalism, she is also known for her kind and sensitive approach. She formerly worked at the ophthalmologic clinic at the University Hospital in Martin for several years, where she was devoted to the diagnostics of anterior and posterior eye segment disorders, extracocular surgical procedures and plastic surgeries.

**MUDr. Jaroslav Nikel**
Doctor Jaroslav Nikel is an experienced specialist in cataract and excimer laser-assisted interventions. He has been specialised in refractive eye surgery since 1995. Specifically, he focuses on anterior eye segment surgeries, including cornea transplantations. He gained a lot of experience at the ophthalmologic clinic in Banská Bystrica. He has been working as a researcher in several international clinical studies.

**MUDr. Viola Lešková**
Doctor Viola Lešková specializes in retinal disorders, diagnostics and the treatment of eye disorders, such as age-related macular degeneration and diabetic retinopathy. She started working at the ophthalmologic clinic in Banská Bystrica. Since 2009, she has been actively devoted to the intravitreous approach. She formerly worked at the ophthalmologic clinic UVEA Mediklinik, where she has state-of-the-art equipment available, as well as a professional approach comparable with renowned Scandinavian providers. This convinced him to continue working in Slovakia. He focuses mainly on outpatient eye tests and refractive surgery with the use of femtosecond laser.

**MUDr. Anders Rustand Holm**
Doctor Anders Holm comes from Norway. He came to Slovakia in 2008. As a student at the Jessenius Faculty of Medicine, he ran his practice at the ophthalmologic clinic UVEA Mediklinik, where he had state-of-the-art equipment available, as well as a professional approach comparable with renowned Scandinavian providers. This convinced him to continue working in Slovakia. He focuses mainly on outpatient eye tests and refractive surgery with the use of femtosecond laser.

**MUDr. Michal Králik**
Founder of the ophthalmologic clinic UVEA Mediklinik, Doctor Michal Králik, graduated from the Jessenius Faculty of Medicine. During his studies, he became very interested in ophthalmology, and together with Doctor Žiak participated in the establishment of a new private clinic in Martin. Besides eye examinations he is specialised in femtosecond laser surgery, management of professional processes, and as the executive officer ensures the observance of clinical standards.

**MUDr. Rastislav Vida**
Doctor Rastislav Vida finished his university studies in 1998 at the Faculty of Medicine at Palacký University of Olomouc. After graduation, he started working at the Ophthalmologic Clinic in Banská Bystrica, where he stayed until 2015. He specializes in the diagnostics and treatment of ailments of the retina and uveitis body, and from 2009 has been working as a vitreoretinal surgeon. He performs cataract surgeries on a routine basis and is specialised in refractive laser surgery.

**MUDr. Juraj Halička, PhD.**
Doctor Juraj Halička graduated from the Jessenius Faculty of Medicine in 1996. Then she worked as a professional assistant at the Ophthalmologic clinic in Martin, in the scientific and educational area. She has been working as ophthalmologist with extensive experience in the diagnostics and treatment of glaucoma. She is a member of the Slovak Medical Chamber, Slovak Medical Association and the Slovak Ophthalmological Society.

**MUDr. Lenka Jurečeková**
Doctor Lenka Jurečeková graduated from the Jessenius Faculty of Medicine in 1998. Then she worked as a professional assistant at the Ophthalmologic clinic in Martin, in the scientific and educational area. She has been working as ophthalmologist with extensive experience in the diagnostics and treatment of glaucoma. She is a member of the Slovak Medical Chamber, Slovak Medical Association and the Slovak Ophthalmological Society.
Our credo is that it is possible to help everyone. And therefore we approach each diagnosis with all of our effort and responsibility. We appreciate the trust our patients put in us.
We are aware of the big influence eye disorders have on the quality of life. Therefore, customer satisfaction is at the centre of our attention. Our healthcare coordinators will take care of your comfort and offer you free refreshments during examination and a lift home after the surgical procedure.

Because of top technological equipment, UVEA Mediklinik is the best choice for patients with a complicated or serious condition. We can also help patients whom other ophthalmologic clinics refused as being unsuitable for a particular procedure. More than 99% of people visiting our clinic can be operated, and we always offer the most effective and suitable therapeutic procedure.

We search for an optimal solution for each patient.

We are here to help and advise you. Therefore, we will be happy to take the time to explain all the stages of treatment and possible risks to you. We will give you all the information you need to know and answer all your questions. We want you to undertake the treatment or surgery with as much information as possible, so that you’re calm and ready.

We develop young talents.

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Environment has a big influence on how patients feel, from the examination to the procedure itself. Therefore, our clinic has been designed to allow them to feel comfortable and relaxed.
We know how you feel before surgery. That is why the design of our operational unit puts maximum emphasis on peace and safety. It includes two rooms with a separate toilet and a post for the monitoring staff. As far as the therapeutic and personal needs of a patient are concerned, the rooms have above-standard equipment.

The aim of our project was to create a medical environment which focuses on functionality, serviceability, meets hygienic standards, and offers you a superior aesthetic experience as well.

UVEA Mediklinik is built based on a special project, which meets the most stringent requirements of the EU for a highly specialized healthcare facility in the field of ophthalmology.
The interior of our clinic was developed in close cooperation with the designer Lenka Plívová.

“Pleasant premises have a big influence on the well-being of patients and staff. When people feel good, it is easier to create a relation of trust and positive energy. When furnishing the interior of the clinic together with the UVEA team, we chose natural materials and pure lines; the building was equipped with a simple orientation system and decorated with a pleasant combination of colours. The combination of these factors strengthens the feeling of safety and comfort.”

Mgr. Lenka Plívová, Dis.
Product and Interior Design
Even the most state-of-the-art technology cannot replace expert knowledge, operating skills and experience of surgeons. But high-quality technologies help us achieve the best possible results.
Our medical team uses the best-quality technical equipment available globally. We had been carefully and for a long time considering the selection of devices, until we found the best on the market.

Femtosecond laser Victus

As the first and only site in Slovakia, we use the combined femtosecond laser Victus from the German company Technolas. Its advantage is high accuracy and a delicate approach to eye tissues. Another advantage is the option of use with several surgical methods, for example during cataract surgery, FEMTO LASIK, INTRACOR and other methods. Technolas has chosen the ophthalmologic clinic UVEA Mediklinik as its reference and training site.

Microscope Zeiss LUMERA 700

The operating room at the UVA clinic is equipped with the best microsurgical microscope in the world. Top German optics allow for the excellent visualisation of eye structures and thus directly increases the quality and safety of surgical procedures. The microscope also contains a unique 3D HD stereoscopic live and recording system. In Europe, this system is unique, and has been developed specially for the needs of the ophthalmologic clinic UVEA.

Excimer laser Amaris 750S

The laser from the German company Schwind is one of the best excimer lasers in the world. It allows the observation of eye movements up to 1,050 times per second, and the extremely fast and accurate correction of short-sightedness, astigmatism and far-sightedness.

Alcon Constellation

Constellation Vision System is the most modern operational station that expands the options available to the operator during specific procedures performed in the anterior and posterior eye segment. The device contains the latest technological innovations necessary for the majority of ophthalmologic microsurgeries, and ensures the accuracy, safety and efficacy of surgical procedures. At our eye clinic, it is used in particular for the absorption of cloudy or clear lens.

Monitoring system Callisto Eye

Our clinic was the first in the Czech Republic and Slovakia where the unique Callisto Eye monitoring system was installed. It allows the exact placement of the intraocular lens in the eye during surgery by projecting computer-generated localization marks into the operator’s microscope. It observes and adjusts to eye movements. The device provides a guarantee of safety and accuracy to patients.

YAG laser Ellex

The laser is part of the latest technology used to remove vitreous opacities, ‘eye floaters’. There are only eight such devices in Europe, one of which is at our ophthalmologic clinic. The technique of the procedure is very safe.
No two eyes in the world, not even eyes with the same dioptre strength, are identical. Detailed information regarding your eyes are therefore key to a successful surgical procedure.
The sensory organ of sight is the eye. The light first enters the cornea, a clear tissue without vessels. As a transparent and evenly bended part of the eye, the cornea plays an important role in the refraction of light. Another part of the eye is the iris. This is where the pigment which determines the colour of our eyes is located. The optic system inside the eye is the lens, which is responsible for the correct focusing of the light rays on the retina. Due to its elasticity, the lens may change the refraction of light, which is necessary for near vision.

Retina: a highway with millions of fast lanes. Covered with millions of light-sensitive cells, which are classified as rods and cones depending on function. When these cells are stimulated by light, they send nerve signals to the posterior part of the brain, and we realize the image that we have just seen. Rods record movement and black-and-white contrast, enabling us to see at twilight. Cones are localized predominantly in the area of yellow spot, and enable us to differentiate between colours.

Why do we have two eyes? Compared to the mythical one-eyed cyclops, we have a great advantage: thanks to two eyes, we can correctly estimate distance and have stereoscopic vision.
Short-sightedness (myopia)  
The eye of a short-sighted person is either longer than it should be, or its cornea is more curved than it should be. Therefore, the light in the eye is concentrated in the point behind the retina and not on the retina, producing a blurred image when looking into the distance. The most frequent causes of short-sightedness are heredity and work requiring you to observe objects from a short distance, such as working on a computer (ideal distance between the eyes and monitor is 60 cm).

Far-sightedness (hypermetropia)  
In far-sightedness, either the eye is shorter or its cornea is curved less than it should be. Therefore, the light in the eye is concentrated in the point behind the retina. This condition may impact near vision and later also distance vision.

Astigmatism  
The shape of the cornea in the astigmatic eye more resembles a concave oval than a circle. Light enters the eye at various angles and creates two focusing points. The image is blurred and sometimes even double. You may have been advised that astigmatism cannot be treated by laser. It is true that some forms of the disease are more difficult to treat, but practically all types are curable with the help of a professional and the right technology.

Ageing eyes (presbyopia)  
Presbyopia is part of the normal ageing process and is manifested in particular as an inability to focus on close objects, which then seem blurred. With age, the intraocular lens loses elasticity and the ability to change shape, therefore, when changing focus from far to near objects, the focal point of the eye does not move as it should. The first signs of the disease can be observed as early as the age of 40-45. Persons with presbyopia often unconsciously hold things further away from their eyes, but eventually the arm cannot reach further and reading glasses become necessary. Although the eye-ageing process cannot be stopped, surgery can ensure the improvement of vision and increased comfort for nearly every patient with presbyopia.

Cataract (clouded lens)  
Cataract is manifested by the clouding of the eye lens. So the lens becomes less transparent and prevents passing rays of light, which results in a reduction in visual acuity. The disease progression is individual; it may last for months, but even years. Cataract is most frequently associated with the aging process. In the course of cataract surgeries, we also resolve refractive errors, so it is likely that following surgery you will no longer need glasses.

Vitreous opacities (eye floaters, “fly’s wing”)  
Vitreous body is the intraocular, jelly-like substance without any vessels or nerves, which fills up to two-thirds of the eyeball. Vitreous opacities, perceived as small transparent floating objects, occur most often when looking at a white surface or into light. The smallest particles resemble flies, hence the diagnosis “fly’s wing”. In most cases, these are opacities which originate as a result of progressive changes in the consistency of the vitreous body. Some part of fine collagen fibres precipitates into shapes of swimming points, circles or chains. Their amount increases with age, but we can also see them in younger patients after traumatic injuries or in short-sightedness.
You can have the same glasses as someone else prescribed, but the fine details of eyes, their shape and size, and how they respond to light, are all unique. That’s why we devote so much time and attention to the examination of your eyes.
All our examinations are painless. Some may be a bit uncomfortable, but you will be continuously informed of each detail so nothing will surprise you.

1. Refractometer examination
This examination allows us to determine the exact dioptre value (value of the sphere and cylinder), the bending radius of the front part of the cornea and the distance between pupils. It provides objective data on refractive errors.

2. Specular microscopy
The examination creates a picture of the endothelium (lower layer of the cornea), in which we observe the size and shape of cells. We can determine cell density, area and number, and consequently analyse the structure and quality of the endothelium. Endothelial cells are responsible for the nutrition of the cornea and its transparency.

3. Vision
The LCD optotype allows for different variants of measurements of visual acuity, contrast sensitivity, examination of refraction balance, colour perception, examination of eye-moving functions, astigmatism, and potential deformations of the image. This way, we can obtain a perfect subjective refraction (vision) of the patient.

4. Examination of the anterior eye segment
The examination helps the physician in checking the anterior eye segment – eyelashes, cornea, conjunctive, anterior chamber, iris, lens, tear film, and eye ground.

5. Focometry
We will determine the exact dioptre value (value of the sphere and cylinder) of your glasses. Regardless of whether your glasses are monofocal, bifocal or multifocal.

6. Corneal topography
As part of the entry examination, we will measure your exact geometry and corneal thickness in 3D. Detailed information on the cornea is crucial, because laser surgery often involves cornea modelling. With these measurements, we will ascertain whether the parameters of the cornea are sufficient for a safe surgical procedure.

7. Pupillometry
Using a special device, we will measure your pupil in the dark and light. This will give us a final value, which is an important part of each pre-surgical examination.

8. Biometry
The examination allows the extremely accurate measurement of eye length, bending of the cornea, and depth of the anterior chamber, which ensures the exact calculation of the optical power of implanted lens. This results in accurate post-surgical refraction and not having to wear glasses following cataract surgery.

9. Intraocular pressure test
Intraocular pressure is measured contact-free, with a fully automated device. Intraocular pressure is an important factor in ophthalmology. Keeping it in physiological range is very important for the correct functioning of the eye, and consequently for maintaining good and intact vision.

Entry pre-surgical examination is very precise and can take up to two hours. Therefore, we recommend that you reserve enough time so that you can relax and go through the process without being stressed. Based on the results of all examinations, the physician will propose the most suitable surgical procedure or treatment.
10. Tear production test
Examination of the eyes continues with tear film testing (Shirmer’s test). The test is performed with a special filtration paper inserted in the conjunctival sac, which can be a bit uncomfortable. However, the test is very short, taking approximately 1-5 minutes.

11. Mydriatics
After the application of pupil-widening mydriatic drugs, you can have a rather strange sensation, and your vision can be slightly blurred for several hours. Mydriasis is important for the thorough examination of the eye ground and the measurement of refraction without the supporting accommodation of the lens.

12. Examination of the posterior segment
The physician will carefully examine the condition of the posterior eye segment – vitreous body, retina, macula, and optic nerve, and will also determine the dioptric value of refraction, as with mydriatics your vision cannot sharpen.

13. OCT – optical coherence tomography
Allows detailed examination of the posterior and anterior structures of the eye (retina, macula, optic nerve, cornea). It perfectly maps the retina and its layers, and makes cuts through the structure of the retina at any place the physician needs to project.

14. Consultation with physician
Based on the results of all the examinations, the physician will propose the most suitable surgical procedure or treatment.
Successful pre-surgical examination is crucial for your new vision. Call our healthcare coordinator at +421 43 401 26 00 or email us at info@uvea.sk and make an appointment for a procedure or consultation.

MORE INFORMATION

Unlike many other clinics, at our site you will pay a flat price for your examination and surgery without any hidden fees.

You can find our pricelist and special offers at www.uvea.sk/pricelist.

You can find more information on our website www.uvea.sk. Follow and like us on Facebook www.facebook.com/rozdieljevidiet, or watch our videos at www.youtube.com/mediklinik.

FREE BENEFITS

• procedures covered by health insurance
• 24-hour availability of the physician by phone post-procedure
• free post-surgical check-ups for 6 months
• required medications and vitamins included in the price of surgery
• own parking place for our clients
• completely barrier-free access
• free refreshments and drinking regime
• free transportation following surgery
• own rooms in the case of hospitalization
• fully equipped pharmacy and optician’s office
• funding through a payment system
• credit card payments
• discounts for secondary school and university students (also external students)
We appreciate your decision to put yourself in our hands. A great result awaits you, and we will do everything so that you can feel relaxed and soon enjoy a new view of the world.
RELAX
It is natural to feel a little nervous before surgery. Relax, we already know your eyes to the smallest detail.

PREPARATION FOR THE PROCEDURE
In the surgery prep room, the nurse will apply drops for local desensitization into your eyes and explain all details of the procedure.

YOUR VISION IS SAFE
Top operating technology counts on blinking and eye movements. You can be confident that your eyes will be safe and under the physician’s supervision.

REST
You can rest in our patient room where we will prepare a snack for you. You will receive eye drops and vitamins for better healing.

CHECK-UP
On the day of the procedure, we will check your vision and repeat previous measurements.

IT’S PAINLESS
You will feel no pain during the procedure. You could feel some pressure on the eye, which might be a bit uncomfortable, but it will only last a while.

THE PHYSICIAN WILL BE WITH YOU
Your comfort is important for the procedure. So the physician will explain the whole course of the surgical procedure to you.

POST-SURGICAL CARE
You will undergo the first check-up following surgery the next day and then for 3 to 6 months.

BEFORE SURGERY

DURING SURGERY

AFTER SURGERY

SEEING MAKES THE DIFFERENCE.
HOW OUR PATIENTS SEE US

“I am very satisfied and glad that I chose this clinic. I can see like never before.”

Katarína

“The surgery went well. The doctors’ approach at the UVEA ophthalmologic clinic is welcoming and professional.”

Natália

“I liked the doctors’ attitude and the pleasant environment. The surgery was professional and fast. During the surgery, the doctors talked to me and explained the whole procedure.”

Michaela

“The doctors working here see their profession as help for their patients to make life more beautiful. What can be better than to see well again?”

Júlia

“The UVEA ophthalmologic clinic offers state-of-the-art equipment, kind, helpful and empathetic staff, and a high standard of healthcare.”

Marianna

“The UVEA clinic has very nice and careful nurses. I am also satisfied with the doctor and the nice environment.”

Miroslava

“The clinic has very nice staff. The examination and surgery went well - I am satisfied.”

Erlend

“The nurses do everything they can to fulfill your every request. I am happy with everything and admire the personal approach to each patient.”

Ljedia

“I like the pleasant environment at the UVEA ophthalmologic clinic, and the kind approach taken by the staff.”

Marek

FIND MORE REFERENCES AT www.uvea.sk/references
At the UVEA ophthalmologic clinic, we are pleased to welcome adult and child patients, who will be made welcome by the kind and sensitive approach of our team. Our patients are provided with comprehensive diagnostic and nursing care. The system of appointments for examinations guarantees minimum waiting periods. The office hours schedule also includes evening appointments.

The ophthalmologic clinic UVEA Mediklinik offers a wide range of products and services including professional service and qualified consulting. If the optometrist detects any issue which cannot be corrected with glasses, he/she consults the ophthalmologists directly, or refers the client to the clinic for specialized eye examination.

As part of same-day plastic surgery, we perform very popular aesthetic procedures in areas around eyes. This includes the smoothing of mimic wrinkles with botulinum toxin. The effect is great in particular in early wrinkles and wrinkles in middle-aged women. Our most popular aesthetic procedure is surgery of the eyelids (blepharoplasty), which removes excess fat around the eyes and revives and rejuvenates the face.

We hope that this brochure has provided you with an overview of our clinic’s unique expertise and high-quality care. Eye surgery should be entrusted only to the best.
**CONTACT DETAILS**

**ADDRESS OF THE CLINIC:**
UVEA MEDIKLINIK, s.r.o.
Zatľaná 10A, 036 01 Martin

**GPS COORDINATES:**
49° 6' 22.39" N
18° 55' 24.44" E

**OFFICE HOURS:**
Mo-Fri: 7:30 - 15:30

**PUBLIC TRANSPORT SERVICE:**
Public transport stop: Ul. 1. Československej brigády
Bus lines: 10, 11, 14, 20, 21, 23, 24, 27, 55

**TELEPHONE:**
+421 43 4012600, SKYPE: UVEA Mediklinik

**FAX:**
+421 43 4012601

**E-MAIL:**
info@uvea.sk

**WEB:**
www.uvea.sk

**PHARMACY:**
+421 43 4012605 | lekaren@uvea.sk

**OPTICIAN’S PRACTICE:**
+421 43 4012607 | optika@uvea.sk

**COMPANY ADDRESS:**
Československej armády 3, 036 01 Martin

**POCZYTÓWKA:**
ČZ

**SLOVAKIA**

CZ
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HAVING ALL THE INFORMATION IS ESSENTIAL.